

SPORTSPERSON'S COMMITMENT FORM



I commit:

01. To always sing our national anthem with pride.
02. To refuse to use banned performance enhancing substances.
03. To treat other athletes with respect and dignity, and pursue victory within the constraints of good sportsmanship.
04. To refuse to elicit, accept or pay any bribes and to report those who do.
05. To refuse to place any bets when it would be illegal or unethical to do so.
06. To be a good role model, on and off the field, and to develop others emerging in my sport.
07. To practice and compete wholeheartedly and within the rules.
08. To show respect for referees, umpires and other officials, and accept their decisions.
09. To enjoy myself while being gracious in victory and accepting defeat with dignity.
10. To collaborate with my peers to impact our community and nation.

Signature _____

Signed on the _____ **day of** _____, **20** _____ **in** _____

By signing this form I agree that my information may be added to the Unashamedly Ethical database for the use of future communication. I also agree that if I do not abide within the Ombudsman's Code of Conduct (available at www.unashamedlyethical.com) I will be held accountable for such conduct by the Ombudsman.

Please complete the following:

Name and Surname: _____

Name of Organization/Team/Sport: _____

E-mail Address: _____

Telephone Number: _____ Mobile Number: _____

Your Postal Address: _____

Please fax or e-mail the completed form to
the Office:

Tel: +27 (0) 21 702 4882 Fax: +27 86 673 9720

E-mail: info@unashamedlyethical.com

Web: www.unashamedlyethical.com